

EXPORT FOODS

2022 -2023



HIDROPONIC TOMATOES

Quantity: 20 tons
Frequency: Weekly
Availability: Available

- There is less risk of nutrient deficiency, especially micro elements.



ORANGE HONEY

Quantity: 300 to 600 liters

Frequency: Monthly

Availability: depends on the season

- Bee's honey derived from orange blossom (orange tree) pollination without any pasteurization process, that's why it is called raw honey. Honey is one of the few products in nature that NEVER expires and does not lose its properties over time.



PAPAYA

Quantity: 45 tons
Frequency: monthly
Availability: Available

Papaya is well known as a commonly eaten fresh fruit also consumed in juices and sweets (made with the unripened fruit that is cooked with sugar), and has great properties making easier digestion of foods that are difficult to assimilate thanks to its high papain content.



GRASSHOPPER

Quantity: 180 kilos
Frequency: Monthly
Availability: Available

- They provide vitamin B1 and B12 which help to maintain the digestive and nervous system properly healthy. Another interesting trend about grasshoppers is that they provide more amount of energy compared to others cereals such as wheat and they also contain minerals such as magnesium, potassium and copper that help improving our health.



UNSWEETENED AMARANTH

Quantity: 1 ton
Frequency: Monthly
Availability: Available

- Amaranth seeds have great properties such as proteins, calcium, iron and vitamins A and B and they are also a pre-hispanic food that lasts for its great flavor and historical value.



AVOCADO

- Grown from Michoacán (Aguanguero)



SUGAR

- Brown sugar (also called "dark sugar", "black sugar" or "raw sugar"): it is obtained from sugar cane juice and is not subjected to refining, it is crystallized and centrifuged only. This whole food owes its color to a film of molasses that surrounds each crystal. It is normally between 96 and 98 degrees of sucrose. Their mineral content is slightly higher than white sugar, but much lower than that of molasses.



CACTUS (NOPAL)

- The nopal is eaten sweet, candied or salty and also as a base for sauces in meats or salads. It is source of a large amount of dietary fiber.



COCOA

- Criollo cocoa is grown in Peru, Venezuela, Honduras, Colombia, Ecuador, El Salvador, Nicaragua, Guatemala, Trinidad, Bolivia, Paraguay, Jamaica, Mexico, Argentina, Grenada, Republic Dominican Republic and in the rest of the Caribbean, in the area of the Indian Ocean and In Indonesia. It is a Cacao well recognized as high quality, low tannin content, reserved for the manufacture of the finest chocolates. The tree is fragile and of low yield. The grain is fine-shelled, soft and highly aromatic. It represents, as much, 10% of world production. An example of the variety criolla is the Ocumare cacao from the Ocumare Valley of the Coast, Venezuela.



BANANA

Quantity: 2 containers

Frequency: Weekly

Availability: Available

- Bananas are very rich in potassium (382 mg/100 g) and magnesium (36mg/100g). They are also rich in vitamins, especially in beta-carotene (38 mcg/100 g), vitamin C (11 mg/100 g) and folic acid (23 mcg/100g). Its fiber content is 3%. They are even appropriate in weight loss diets when they are consumed in moderation.



MANGO

- Mango in all its varieties has a great amount of vitamin A, is low in calories and provides body the antioxidants, vitamin C and vitamin B5. It is good for metabolism of carbohydrates and problems in the epidermis. It is very easy to digest although it may have laxative effects when it is excessively consumed.



LIMON

- It is diuretic and has a great antibacterial power. It helps strengthen the immune and nervous system (thanks to potassium) and has an antioxidant capacity.



MEXICAN SWEETS

Quantity: As much as you need in request

Frequency: Monthly

Availability: Depends on previous request

- Sweet potato

Since it is so sweet, we might think that it is harmful to health, but this mexican product helps fighting stress, it is an antioxidant and it helps avoiding diabetes, among other benefits. In many homes sweet potato is the favorite dessert during Christmas celebrations.

- Peanut crowbar

In addition to being a historical food, the peanut crowbar facilitates the reduction of bad cholesterol, it contains vitamin E and minerals that oxygenate the blood.

- Tamarind

This spicy sweet is famous for being in almost all snacks. Tamaring with sugar or chili powder helps to balance the amounts of cholesterol in blood. In addition It has diuretic properties and prevents kidney stones.



CRISTALLIZED SWEETS

- Depending on the fruit you choose to eat they will be the the benefits to the human bod. Our favorites are pumpkin, fig and pineapple that eventhough they are delicious they also contain fiber, vitamin E and minerals caring for your skin.



TEQUILA (759ml, 38° ALCOHOL)

Quantity: 1500 bottles
Frequency: Monthly
Availability: Available



MEXICAN PULQUE TLAXCALA

Quantity: 500 litters

Frequency: monthly

Availability: Available

Pulque flavors:

- Natural pulque
- Strawberry pulque
- Pulque mamey
- Pulque piña colada
- Pulque oats

Characteristics:

- Product in 355 ml and 950 ml bottles with cork or lid metal thread
- Pulque is a traditional fermented drink from the state of Tlaxcala and its origin is pre-Hispanic made from the fermentation of mead (sap), from the agave or maguey
- The logo of the product can be adapted to the logo of the buyer.
- Note: Bulk product.



MEZCAL ESPADIN 700 ML

Quantity: 350 bottles
Frequency: monthly
Availability: Available

- 15 years of aging approximately

Characteristics for the 3 types of Mezcal:

750 ml and 350 ml bottled of the supplier's or customer's design. Bottle cap can be cork, dispenser or metal thread.

The logo of the product is optional, it can be adapted to that one of the buyer.

Note: the provider is in process of registering his brand. Bulk product.



GIANT BALE OF CORN STUBBLE

Quantity: 114 tons
Frequency: daily
Availability: Available

Characteristics:

- Humidity degrees: 14% “dry”.
- Bale weight: 500 kilos.
- Transportation: 3 full tracts.
- Season material.
- Plant: Irrigation water from well and rainwater.

